



"Refine your diet, Don't be quiet!"- Luna A. 5th Grade @ Holy Trinity

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All items are pork free

Monday	Tuesday	Wednesday	Thursday	Friday
280 Hamburger w. Green Beans & 915	206 French Toast w. Sausage	227 Turkey Ham, Turkey Pepperoni	295 Meatloaf & Gravy w. Mashed Potatoes	17 264 4x6 Cheese Pizza <b>V</b>
Wheat Hamburger Buns  630 Dragon Punch Vegetable Juice 670 Fresh Fruit	& 928 Pretzel Goldfish  623 Tater Tots 634 Ruby Rusher Vegetable Juice 752 Fruit Punch Juice	& Cheese  620 Salsa Notional Bagel 631 Cherry Star Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops	611 Bagged Baby Carrots 670 Fresh Fruit OR 682 Bananas 931 Cinnamon Bug Bites	708 Spinach & Romaine Salad w. Chickpeas 670 Fresh Fruit
20 DAY	256 Cheese Stuffed Breadsticks V	22 205 Popcorn Chicken	226 Philly Steak & Cheese Pinwheel National Pie Day	24 2228 Turkey Ham & Cheese Sub
I HAVE A DREAM	622 Marinara Sauce 634 Ruby Rusher Vegetable Juice 685 Rosati "Hero" Ice	702 Potato Smiles 697 Sliced Apples National Hot Sauce Day	611 Bagged Baby Carrots 543 Red Pepper Hummus 670 Fresh Fruit	621 Celery Sticks 541 Chocolate Hummus 658 Cherry Craisins
268 French Bread Pizza V	28 213 Chicken & BBQ Sauce S'Wich	29 282 BBQ Popcorn Chicken w. Mashed Sweet Potato	203 Mini Pepperoni Calzone	31 EARLY DISMISSAL
<ul><li>623 Tater Tots</li><li>634 Ruby Rusher     Vegetable Juice</li><li>695 Strawberry &amp; Mango     Sidekick</li></ul>	611 Bagged Baby Carrots 543 Red Pepper Hummus 648 Strawberry Gel Cup	630 Dragon Punch Vegetable Juice 657 Strawberry Craisins	708 Spinach & Romaine Salad w. Chickpeas 670 Fresh Fruit OR 682 Bananas 932 Cinnamon Scooby Snacks	

each of the food items is suitable for their children and will not trigger an allergic PLEASE READ CAREFULLY - Parents are strongly advised to review the menu. reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the



Dear Parents, Caregivers, & Students,